The Gisborne Herald
SATURDAY, 1 MAY, 2021
weekender

Access to world of STEM

Opening the doors of opportunity is the kaupapa at Tōnui Collab where technology comes to life, imagination is set free and rangatahi are exposed to a world many only get to see on TV. Diana Dobson takes a closer look at what goes on behind the scenes at this innovative trust.

Shanon O'Connor dreams of a world where all sorts of technology is freely taught to children and adults . . . where men, women, Māori and Pasifika are equally represented in the world of STEM (science, technology, engineering and maths).

She's doing her bit as the founder and director of Tōnui Collab. A non-profit organisation, Tōnui creates unique STEM learning opportunities for tamariki, rangatahi and others to explore the world through innovative and collaborative workshops covering animation, game development, digital art, augmented reality, virtual reality, electronic engineering, prototyping, 3D modelling, machine learning and so much more.

Each year over 10,000 young people from all over the region head to Tōnui to learn, to be inspired and to create.

"Our focus is on empowering rangatahi," says Shanon. While most of the workshops are designed for those five to 18 years of age, they also create opportunities for others to learn.

"Whānau and the community play an influential role in supporting and guiding rangatahi," says Shanon.

"As we grow, we continue to explore other ways we can support our community to get excited about STEM exploration and we are considering evening workshops to meet both needs and interests."

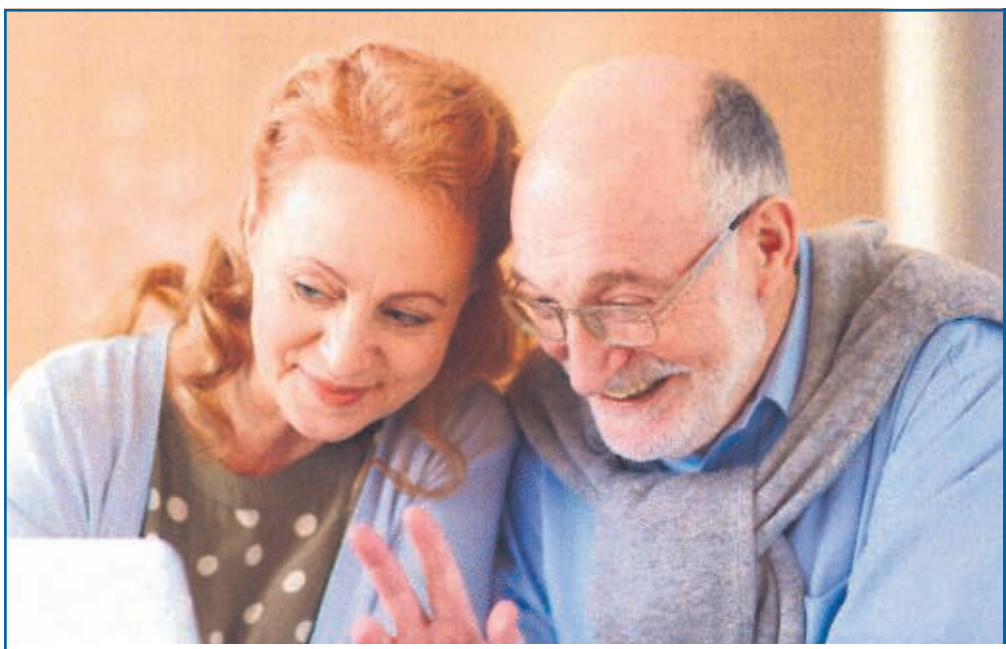
Shanon says through no fault of their own, many teachers lack the confidence, capabilities and resources to teach across the STEM fields.

"We need to be transforming our education provisions for our young people," she says.

"To change the career pathways of our young people we need to start by exposing them to the diversity of STEM early on.

Continued on page 2

Te Raukura Gray-Ferris (left) and Hānana Barbarich-Cameron from Hawaiki Hou retell the voyage of the Horouta waka through stop motion animation. Photo supplied



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A group of robotic engineering students test the robotic race cars they constructed.

Jamie Roberts, Kiana Buchanan and Jack Buchanan put kitchen science to the test, making playdough, testing various recipes, making hypotheses about their effectiveness, reviewing results and coming up with their own conclusions.

Joshua Graham constructs a robot.

Tōnui seeking new premises

From page 1

Students start narrowing their career options by Year 9 when they start subject selections."

Often these are not irreversible and while students can shift pathways as they progress through secondary school, it does become more challenging.

"It is not just the structure of the education system though — research has been done around young people and their confidence to take risks and do things they have not done before. Their appetite for risk-taking in relation to skill development diminishes in their early teens so we must expose them to the diversity of STEM while they are young so they can experiment, explore, investigate, take risks, fail, try again, fail harder, learn and thrive in a safe environment."

Tōnui is a charitable trust and relies on funding. Trust Tairāwhiti is its major funding partner but that support — after 21 months — is set to end in September. ECT (now Trust Tairāwhiti) had fully funded The Mind Lab for four-and-a-half years with one-and-a-half years left in the funding contract when Shanon took over.

Part of the support is their space in Shed 3 but they have been asked to find new premises before the end of July this year. The Tōnui Collab team are actively on the hunt for a new space to welcome rangatahi into.

"It's going to be hard to leave Shed 3," says Shanon.

"We have loved welcoming rangatahi into this space — it's a beautiful space and we have had the privilege of designing workshops that connect with te taiao like taking tamariki outside to reimagine the journeys of tipuna like Te Maro and Maia Poroaki, and coming back into Tōnui to retell these stories in a digital context."

Tōnui is also supported by the Spark Foundation which is specifically project-based and supports the Collab's new initiative to take STEM learning to the wider Tairāwhiti community. Each week Shanon and Tōnui Collab EdTech Kiri Wilson, visit kura up the Coast — spending a day at kura in Ruatorea, Tokomaru, Mangatuna, Whāngārā and Wharekahika to work alongside rangatahi in their classrooms, teaching in English and te reo Maori and shaping the STEM learning around te ao Maori.

"It is about supporting rangatahi and their teachers. Our approach to STEM learning celebrates and builds upon the knowledge rangatahi in these kura already possess; connecting STEM exploration to local purakau (stories) makes the learning relevant and meaningful," says Shanon.

With a keen eye to funding, Shanon is grateful she has a strong board filled with rich experience in the non-profit arena comprising Glenis Philip-Barbara, Rena Kohere, Isaac Hughes, Edwina Ashwell and Alex Hawea.

"They each have a heart for our community and a commitment to creating opportunities for our tamariki. They have demonstrated this commitment and it's an honour to have them on the board of Tōnui Collab."

While funds are always tight, the charges for those attending Tōnui are minimal at just $1 per child per hour for school workshops.

"We keep these low because we want to ensure there are no barriers to access. Accessibility is a major concern — there are many in our community who do not have access to adequate technology, which was highlighted during the Covid-19 lockdown. While attempts were made to address that inequality, it was not solved and we strive to be part of the solution."

Accessibility is not solely about hardware, nor is it only about access to adequate wifi. Shanon says the issue is also accessibility to adequate learning opportunities.

"Traditional education is struggling to keep up," she says.

"Teachers constantly share that they do not have the confidence and capabilities to provide their students with meaningful interdisciplinary learning experiences."

Research in 2020 indicated that fewer than 6 percent of teachers nationwide felt confident teaching across the new digital technology areas of the curriculum.

"We need to move away from this siloed approach of being all things. I think we need to work collaboratively — there are so many great initiatives going on in our community."

For Shanon it is critical Tōnui are allies with teachers in school as they all work towards the shared vision.

"We want to support our educators in their efforts. We also continue to build relationships with other education providers and businesses in Tairāwhiti to map pathway opportunities — from education to vocation."

Shanon singles out the work some out-of-school providers are doing including the Waka Hourua (Tai Rawhiti), Albie Gibson and the team at Te Runanga O Turanganui a Kiwa, the Enviro Centre's education programme, Tairāwhiti Museum and the House of Science Tairāwhiti.

"Collectively we are supporting our schools and kura to provide our tamariki with rich and meaningful learning experiences, and at Tōnui Collab we have partnered with some of these out-of-school providers to amplify the knowledge sharing and celebrate matauranga Māori through a STEM lens."

Accessibility to STEM learning out of school is important too. Tōnui Collab offers after-school and holiday workshops for tamariki who are enthusiastic about robotics or game development, animation or engineering to explore and create together.

"Parents and grandparents love to pop in to see what their youngsters are doing and want to know how to create more opportunities for their tamariki."

Up the Coast there is a community-led after-school club, Huiterangiora, founded by Tōnui team member Kiri Wilson with Rawinia Tiari Olsen Kingi and Justine Pivac Solomon to create STEM learning opportunities for tamariki.

"They celebrate Te Ao Māori in te taiao and use digital technologies to share the purakau (stories) of the hapū in Uawa.

"It all started when Kiri, Rawinia and Justine realised they needed a better understanding of coding and how to use it as a tool for engaging and motivating some of their tamariki.

"Their 'code club' is supported by the local Innovation Hub in Uawa and Te Hauora o Te Aitanga a Hauiti and has weekly gatherings in Rawinia's backyard or at the local beach. They invite parents to contribute to the learning experiences, and the rangatahi take turns leading the sessions."

Tōnui Collab and Huiterangiora collaborate on projects to increase opportunities for rangatahi across te Tairāwhiti to explore, create and thrive in STEM.

Stepping into a whole new world . . . Jamie Roberts, Kiana Buchanan and Jack Buchanan are user testing virtual reality headsets as part of their exploration and creation workshop. Photos supplied

Journey to health

Kara, Marg and Christian (left) after starting on their journey to health nearly seven years ago. Picture by Liam Clayton

The family (above) before they began to make changes to their lifestyle.

Being determined to change his lifestyle so he could keep up with his whanau saw Gisborne man Kara Hull lose over 60 kilograms within a year. He shares his story with The Gisborne Herald's Matai O'Connor . . .

Deciding to change his lifestyle is a moment Kara Hull will never forget.

"I went to the doctor, hopped on the scales for the first time in years and saw I weighed 142kg. I remember the doctor saying to me 'what's the deal with your weight?' and I said 'well obviously I don't know . . .' "

Sitting in the waiting room after the check-up, Kara knew he had to change his life — otherwise he could die because of his weight and miss out on time with his son and wife.

In 2010, Kara and Margaret's first child, Christian, was born.

"We had been struggling to have kids — we didn't think we would be able to have kids so we sort of gave up. Then all of a sudden this little dude arrived and he changed our lives," Kara said.

They thought they wouldn't be able to have kids because of their weight and health.

"It affected everything. You would think that would've motivated me back then to change, but no," he said.

Kara said being a new dad was one of the coolest things.

"I remember holding him in my arms the first night he was here and thinking 'aw man, I would gladly do anything for this dude'. People tell you that you don't know what it's like to be a dad until you hold your own child," he said.

After Christian was born they decided to get married.

"We didn't want to have a big wedding — we went to the registry office and signed the forms, then we quietly left town and posted on Facebook . . . of course it upset some whanau but oh well, we were happy."

Kara's full name is Karaitiana which means Christian. His son is named after him.

Kara still wasn't determined to change his lifestyle but in 2014, they were deciding to buy their first home. They had to get life insurance to be approved for a mortgage, so they had to go to the doctor and get a check-up. That was when he made the life-changing decision to lose weight and become healthy.

"I've got to do this for him (Christian)," Kara decided.

Kara Hull, 38, was born and raised in Flaxmere, Hastings where he spent his formative years. As he was finishing school his mother Janet Hull passed away.

"I didn't know what to do with my life so I mucked around in pack houses doing manual labour for a while before meeting my now-wife Marg in 2004 when I was 21."

Marg is from Gisborne. They had been talking for a while online so he decided to visit her one weekend with a VCR player and a bag of clothes. He never left.

"She was stuck with me and still hasn't figured out a way to get rid of me."

Kara managed to find a job at Video Ezy.

"I loved working there. That's where I got a passion for talking and socialising with people," he said.

He also got to watch movies all day. He worked there for a couple of years before moving into a job at the consumer electronics store, Bond and Bond.

Kara says digital technology was always his "jam". Of course he loves video games, but finding time to play these days is a bit harder now he has a whanau.

As a kid, Super Mario Bros was his favourite and as a teenager it was James Bond 007 Golden Eye on the Nintendo 64, but overall wrestling games are his favourite. He could spend hours playing them.

Now though, he is busy working, raising his son and exercising regularly — but it took a few anxious visits to new places before it became a routine.

They booked an appointment at Sport Gisborne Tairawhiti to get started on their Green Prescription. Kara and Marg were anxious about it.

"I didn't want to go there. I was admitting there was a problem. I used to always talk myself down or make jokes about my weight. Admitting that it isn't just funny was the hardest part. Physically going into a space that is focused on my body and health was a scary thing. But we both knew we had someone there to support each other through the journey."

They were given meal ideas on how to eat better.

"We were given discounted gym memberships and so we joined the YMCA and it all began."

Kara is an early morning person and likes to get the exercise out of the way.

"I was scared to go to the gym. I was worried about how people would react to my being there. I got there and most of the people were nice and there weren't any problems. But I hopped on the cross trainer and there were a couple of guys working out behind me who started to laugh at me.

"It was the worst feeling ever but it didn't stop me from working out."

Kara remembers Len Wawatai saying to him: "You're going to be the biggest guy in the gym — people will look, they will laugh, but we will prove them wrong.

"I had that in my head all the time."

Kara noticed emotional and mental changes within himself by the end of the first week.

"I was feeling sore and tired but it was good. I have an addictive personality, so once the endorphins started flowing I was hooked."

About a month into the journey, he noticed clothes weren't fitting like how they used to. Kara would weigh himself once a week. The first week he lost 3.5kg, and the second week 4kg.

While Kara went to the gym, Marg was busy going to Zumba classes as part of a 10-week series at Freedom Health and Fitness.

When Kara was at the gym, he noticed people participating in little work-out classes at the YMCA. He wanted to give it a go and one morning asked if he and his mate could join in.

"We gave it a go and we couldn't keep up with the girls there. They were encouraging us. I liked it because we had a common goal, a common enemy — the reps."

Kara discovered more classes that were run by Alan Hogarth. He went to one with his best mate Jeff Rangihuna, his wife and a best friend of hers, Kati Chase. He loved the style of training.

"I thought I would be uncomfortable but it was great. It's the type of training I still do today."

After three months of going to the gym and doing boot-camps, the gym started to fade away as he enjoyed the outdoors a lot more than being inside a gym.

Kara thought he had it all sorted — he had lost over 60kg and he thought everything was fine. Regrettably, he started to eat Burger King and McDonald's again, and did everything he shouldn't have done.

"I thought I was healthy because I was fit. But the weight started to trickle back on."

He went from 142kg to 87kg within a year, and over the next few years he gained weight and was back at 110kg.

"It was not good. I looked in the mirror and thought I was skinny, super healthy, and so did Marg, but really we weren't. We had reverted back to where we used to be."

He remembers talking with Dr Willem Jordaan at Kaiti Medical Centre who also manages Huringa Pai. He said there was a difference between being fit and being healthy.

"I could run and do all that stuff, but I wasn't healthy."

Kara says that is where the new journey to get healthy started. It began during the March 2020 Covid-19 lockdown.

"It was a chance to reset and fix our eating habits as takeaways were closed. On day 1 of lockdown we decided to work out at home. Afterwards, Marg put a selfie on Facebook with 'Day 1 Lockdown Gains'.

"I said to her 'aw man, now we need to do day 2, 3, 4 . . .' "

Just a couple of weeks ago, the pair got to day 365 of working out without a day off.

"It was a big achievement for us."

Kara and Marg decided at the end of 2014 they would like to set up a fitness group that was affordable for people to join in.

"We knew those who needed this stuff wouldn't be able to afford classes, so we decided to do it ourselves a bit cheaper."

Exactly a year to the day after the pair started their lifestyle change, in 2015, Kara began to train to become a trainer.

"It's the most rewarding and best thing I've done . . . besides being a father," he said.

Kara says seeing people change and become the best versions of themselves is the best feeling.

"The amount of change I've seen in people's lives is amazing. Of course, losing weight is awesome but it's also about seeing people become happier.

"The biggest piece of advice I can share is that it is all in your head. It's about making a switch. Whether it's a moment or a conscious decision, it's about changing the way you think that determines whether it will be successful or not. Once you change your thinking, everything else will change.

"Everyone looks for motivation — something to motivate them — but it's not about motivation. It's about being determined that you're going to do this every day, determined you're going to get up and do it!"

• If people want to connect with Kara and Marg, just "like" their HULLKFIT Facebook page and send a message.

HEALTH/WELLBEING

On your bike

Biking comes with many benefits. Besides being a convenient mode of transportation, cycling is great for your physical health; it can help strengthen your legs and glutes, burn calories, and improve your cardiovascular health, all while giving you access to the outdoors. But biking instead of using a car can also be a useful step in reducing your carbon footprint and preserving the environment.

Transportation accounts for more than half of the carbon monoxide and nitrogen oxides emitted into the air. By opting to bike, you are saving fossil fuel and reducing the number of cars on the road. Fewer cars relieves congestion and traffic and a need for new carparks and motorways, and leaves more potential locations for public green spaces. Bicycles can utilise existing infrastructure, without demanding too much in terms of road construction and parking spaces. They're also quiet, which means no honking or obnoxious noise pollution.

But most importantly, biking around our neighbourhoods gives us a greater appreciation for the surrounding natural beauty. By choosing to bike, you are embracing the outdoors, cementing an appreciation for the environment, all the while bettering your own health.

PHYSICAL BENEFITS OF BIKING

Thank goodness we never forget how to ride a bike, because besides being a convenient and environmentally-friendly mode of transportation, cycling is an excellent source of physical activity for a wide-range of fitness levels.

Cycling has a number of advantages that other forms of exercise don't.

First, it's low impact, which means less strain on the bones and joints compared to other aerobic workouts like running or jogging.

Second, biking hits all of the major muscle groups from the waist down, strengthening your quadriceps, hamstrings, glutes, and lower back, which are all important to improving balance, endurance, and the ability to stand and walk upstairs.

It also comes with a myriad other health benefits including increased cardiovascular fitness, muscle strength, and joint mobility, as well as decreased stress levels. And while other sports require a group or excess equipment, all you need for cycling is a bike, a helmet, and the open road.

You don't need to be a competitive cyclist to reap the physical rewards of biking; just go at your own pace — leisurely or intense — depending on your fitness goals. Cycling is an excellent workout, but it's also a fun hobby for adventure seekers, granting you access to landscapes and views that you might have missed speeding by in the driver's seat of an car.

So, what are you waiting for? Get those bike tyres pumped with air and hit the road, cycleway or trail.

BASIC CYCLING GUIDELINES

Zipping through city streets or country roads on your bike can be an exhilarating workout, but any cyclist, no matter their skill level and comfort, should adhere to some basic biking safety protocols.

The most important safety requirement is wearing a helmet that fits your head properly. Helmet sizes differ based on manufacturer, so the only real way to know how it fits is to put it on and adjust the straps.

You also want to make sure the bike you're riding is the right size with functioning brakes.

Before your ride, make sure your shoelaces are tucked away so that they don't get tangled in the bike chain.

It also helps to plan your route ahead of time. If driving on the road, choose areas with less traffic and slower speed limits; for leisurely rides, try to stick to a bike path.

You also want to do your best to avoid crashes — because, regardless of who is responsible, if a cyclist falls or collides with another vehicle, they are often the one who suffers with the physical consequences. Try to avoid riding when visibility is limited.

If you decide to ride during dusk or the evening, use reflective gear and clothing as well as front and rear lights.

Bicycles on the roadway have the same rights and responsibilities as motorised vehicles. Riding defensively is the best way to avoid an accident. Drive with the flow of traffic, obey street signs, signals, and road markings, and always assume that the other person or vehicle hasn't seen you.

When biking, riders should be as predictable as possible, using hand signals and following the other rules of the road.

Follow these basic guidelines to ensure your ride is a safe success.

— Courtesy of Move It Monday
https://www.mondaycampaigns.org/move-it-monday

Flavours and colours of autumn

Feeding a crowd this week? If you're looking to keep your meal meatless, this show-stopping paella is sure to be a hit. Spiced with saffron and turmeric, this vegetable-heavy dish boasts both the colours and flavours of autumn. This recipe comes to us from Alexandra of In My Bowl for Meatless Monday.

Autumn Vegetable Paella

This autumn vegetable paella serves 12, a great dish for a crowd.
— Courtesy of Alexandra of In My Bowl, for Meatless Monday

INGREDIENTS:

½ cup olive oil plus 1 tablespoon, divided
3 tempeh or other vegetarian sausages
1 large red onion, diced
6 large cloves garlic, crushed
1 bulb fennel with fronds and stems removed and bulb cut into thin strips
1 medium butternut squash, peeled, seeded, and cut into bite-sized cubes
450g brussels sprouts, halved
4 dried bay leaves
¾ teaspoon paprika
1½ teaspoons ground turmeric
¾ teaspoon cayenne pepper
3 cups short grain brown rice
1 cup dry white wine
3 pinches saffron threads
6 cups vegetable stock, brought to a boil
1 can artichoke hearts, thoroughly rinsed and drained
1 cup pitted black olives, sliced into thin rings
¼ cup fresh parsley, roughly chopped

DIRECTIONS:

• In a medium skillet, heat 1 tablespoon olive oil over medium-high heat until just hot.
• Add sausages, coat with oil, then gently sear until golden brown — being sure not to over-rotate them so they don't fall apart (about 8 minutes).
•Remove sausages from skillet and carefully slice (on the diagonal) into ½ inch rings.
• Return rings to skillet and sear for an additional 2 minutes, or until all sides are well browned. Transfer to a bowl and set aside.
• In a large paella pan or shallow skillet, heat olive oil over medium-high heat until just hot.
• Add onion and garlic and sauté, stirring frequently, until onion has softened (about 6 minutes).
• Add the fennel, squash, and brussels, and continue to sauté until all vegetables are soft and browned (about 25 minutes).
• Stir in bay leaves, paprika, turmeric and cayenne
• Continue to sauté until spices are just fragrant (about 30 seconds).
• Add the brown rice and stir thoroughly for 2 minutes before adding the white wine and saffron.
• Boil down for a minute, then add the boiling stock.
• Reduce the heat to low and gently simmer paella for 85 minutes, or until most of the liquid has been absorbed by the rice. Do not stir the rice.
• Remove the paella pan from the heat. Scatter the artichoke and seared sausage over the rice and cover the pan tightly with foil.
• Leave to rest for 10 minutes.
• Take off the foil. Scatter the olives on top of the paella and serve sprinkled with parsley. Enjoy!

• Serves 12

WHAT IS MEATLESS MONDAY?

Meatless Monday is a global movement with a simple message: one day a week, cut out the meat.

Launched in the United States in 2003, Meatless Monday is a non-profit initiative of The Monday Campaigns, working in collaboration with the Centre for a Livable Future at the Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA.

The goal is to reduce meat consumption by 15 percent for personal health and the health of the planet.

Meatless Monday provides information, news, recipes and free promotional materials to help individuals, schools, restaurants, hospitals, food companies and communities to start each week with a commitment to eating healthy, environmentally-friendly, meat-free meals.

— *www.meatlessmonday.com*

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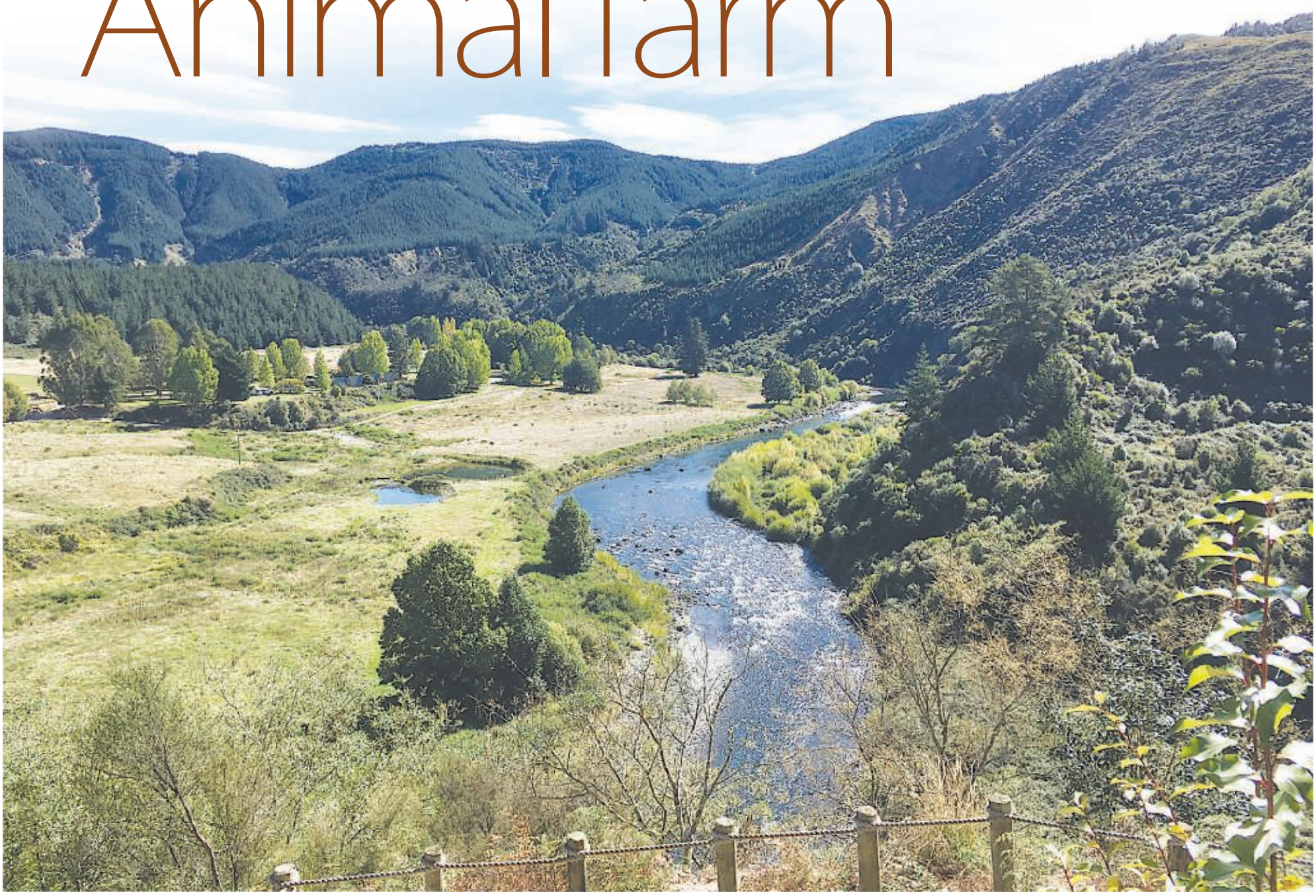
Animal farm



Scenic views towards the tourist accommodation area at Mohaka River Farm.

Julie Haines overcomes her fear of horses and gets up close to other animals during a farm getaway on the Mohaka River.

To say I'm nervous on a horse is an understatement. As soon as I sit on one, memories come flooding back of that fateful day 30-odd years ago when the pony I was riding started trotting. I screamed in terror for it to stop, and my high-pitched shrieks made the pony race for the low branches of a nearby forest. One skinned nose and ruined ego later, I vowed not to set foot (or rump) on a horse for a very long time.

Then miraculously, despite my obvious lack of equestrian genes, I managed to give birth to a horse-mad daughter, and my days of avoiding horses abruptly came to an end.

Fortuitously, we discovered the treks at Mohaka River Farm. Under the guidance of the endlessly-patient and encouraging Fleur Lattimore, apprehensive novices such as myself can, amazingly, start to feel like actual horsewomen. And with a vast variety of terrain and horses available, experienced riders will be in their element too.

We first experienced Mohaka River Farm one blustery spring weekend, when a horrendous storm cut short our planned holiday in Taupo. Instead, we pulled off the highway midway to Napier, the rain cleared, and we found ourselves helmeted up and gazing at Joy, a former competitive trotter horse, and Java, a rehomed Kaimanawa horse. Fleur reassured us that both were sure-footed and safe to ride, then gave an easy-to-follow riding tutorial.

As I mounted Java, I mentally ran through the essentials — heels down to maintain balance, reins short so the horses can feel when you want to turn or stop, lean forward going up a hill, lean back going down, and most importantly, according to Fleur, smile. How hard could it be?

We started out across farmland and soon turned off into the neighbouring pine forest, for a serene hour on horseback. My horse didn't bolt, the views were gorgeous, even the sky played ball and remained a glorious blue. I decided then and there that I had to return.

Six months later we again took the familiar turn-off from SH5 and headed for the 113-hectare farm. Fleur greeted us warmly and introduced us to Toffee and Indie, our sweet- natured horses for the afternoon.

This time we headed downhill, along a narrow track with fat, juicy-looking blackberries growing alongside. We forded a creek at the bottom then headed towards the sparkling Mohaka River. Fleur showed us a good spot to see eels, and as we walked alongside the river, we kept our eyes peeled for kingfishers, whio and a heron known to inhabit the area.

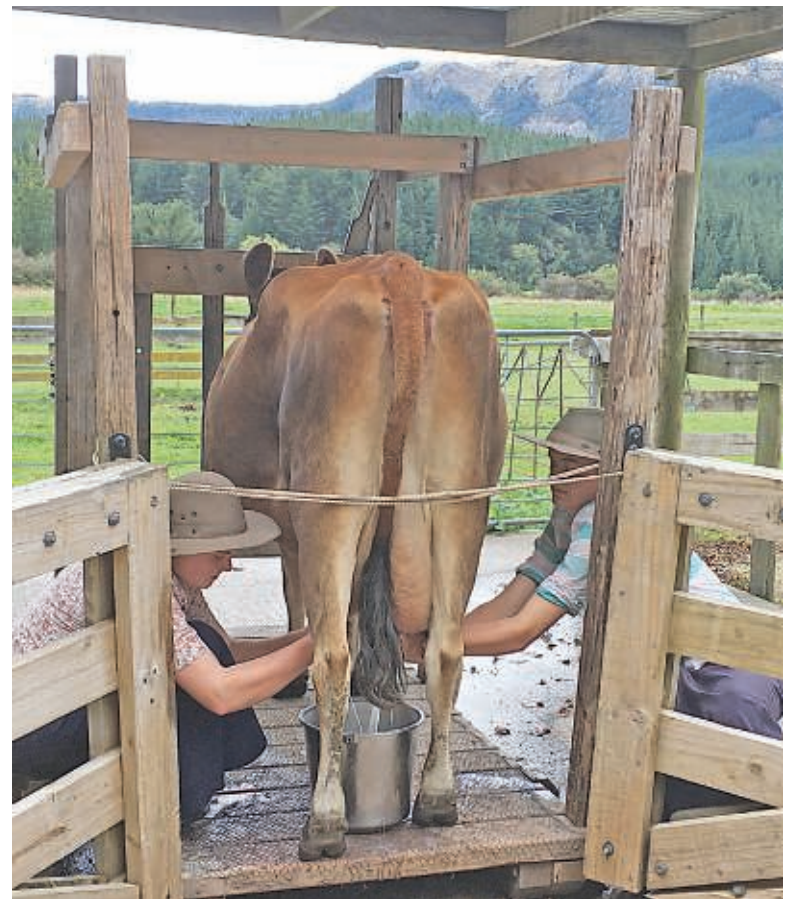
When we headed through farmland back to the corral, I realised I'd been having such a lovely time I hadn't thought about being scared. My photos showed that I'd done a terrible job of keeping my heels down, and I obviously didn't master the art of keeping the reins short because Toffee stubbornly insisted on stopping to eat at frequent intervals. But Fleur's calm manner quickly made me forget my fears.

India Haines on Indie (background) and Julie Haines on Toffee during a trek at Mohaka River Farm.

Mohaka River Farm is owned and operated by six families whose goal is to live self-sufficiently and sustainably on the land. Their various enterprises include a beef farm, horse treks, holiday accommodation, crafts, a saw mill and restoring historic barns. Wherever possible, they incorporate family-friendly tourism opportunities into the mix, including school holiday programmes where children can learn skills such as woodwork, weaving, lino-stamping and needle-felting.

Following our horse trek, we joined a group of holidaymakers watching teenagers Zara and Taliah hand-milk Sunshine the cow. A New Zealand falcon surveyed the scene

India Haines enjoys a cart ride led by Peter Macfarlane and his oxen Moonlight and Storm.



Taliah and Zara milking Sunshine by hand.

The Mohaka River bordering the Mohaka River Farm is an idyllic spot for swimming, fishing and walks.

India Haines with a fluffy duckling.

Surrounded by the sounds of nature . . .

from branches above us. As the creamy milk gushed into a milking pail, the girls explained they expected to get about 8 litres from Sunshine. We were in awe – until they said another cow was known to produce 28 litres.

Soon afterwards I felt like we'd been transported a couple of hundred years back in time to the American Wild West, when farmer Peter Macfarlane took us for a ride in his oxen cart.

"Walk up! Walk up!" Peter called to Moonlight and Storm, and the 1½-year-old Shorthorn oxen smoothly pulled the cart past a paddock where other oxen looked on.

Shorthorn cattle were the first cattle brought to New Zealand and are hard workers. Once Moonlight and Storm develop their adult muscles they will plough the fields. But in the meantime, Peter says, the cart rides are "a good opportunity to give them some practice working with us".

Having my first ever oxen-cart ride was the biggest novelty of the trip — however, for many children visiting the farm just seeing cattle up close is a new experience. I had to stifle a laugh as a small boy on our cart watched the oxen poo then earnestly asked his Mum "How come they don't use the toilet?"

The hands-on animal experiences didn't end there. Eddie Rimmer, who co-runs the accommodation venture, kindly let us hold some cute month-old yellow ducklings — another first for me — and then some snuggly warm chicks that were born in incubators that week. The ducks were so friendly they ran towards him when he called them.

Perhaps the nicest thing about Mohaka River Farm is leaving the traffic noise behind and assaulting your ears with the sound of crickets, bird chorus, the rushing Mohaka River, and the mating calls of deer from the neighbouring property. Feed your soul by sitting around a fire pit-roasting marshmallows or breakfasting at a camp site or on the deck of a chalet while watching the mist rise above the river.

The farm has several walking trails, ranging from a couple of easy, flat 30-minute riverside tracks, to a one-hour farm loop for those of medium ability. There are a couple of biking tracks too, and it's possible to fish and raft on the river.

We set out on the 1.5km "River Bend" trail, to a sharp bend in the Mohaka River, stopping en route to graze on wild blackberries and clamber over fossilised rocks at the river's edge. The next day we tackled the Punga Grove walk and after ascending and descending a hill, we found ourselves on a secluded and remote stretch of the river — an idyllic spot for a picnic or swim.

As I sadly loaded our car on our final morning, some other enthralled visitors excitedly told me about glow-worms they had seen the night before. I was disappointed I'd missed them, but perversely also happy — because it means I have an excuse to return to the tranquillity of Mohaka River Farm.

• Camp sites, chalets and horse treks can be booked at www.mohakariverfarm.co.nz

COLUMN

Why Netanyahu (or someone like him) can't lose

by Gwynne Dyer

A tempest in a small teapot this week, as Human Rights Watch (HRW) accused Israel of "apartheid". That echoed the judgement of the Israeli human rights group B'Tselem, which said in January that the current Israeli government is an "apartheid regime". But the official response was different.

The Israeli government ignored B'Tselem, but its Washington embassy gave HRW the standard response to foreign criticism: "We strongly reject the false accusations that (fill in the blank) is spreading about Israel. This is an organisation known to have a long-standing anti-Israel agenda." Then the caravan moved on, leaving the barking dogs behind.

Aspects of Israel are reminiscent of South Africa — high fences, lots of guns, and large, unfriendly dogs — and fundamentalist religion has played a big role in politics in both countries. But the caravans are moving in opposite directions: South Africa towards democracy, Israel away from it.

The usual chicken-or-egg question arises at this point. Was it extreme right-wing politics that drove Israel to its current dilemma, condemned to perpetual subjugation of its Arab population under the leadership of a political thug like Binyamin "Bibi" Netanyahu? Or was it the need to keep the Arabs down that drove Israelis so far right?

History says the latter. For Jews in the shtetls of late 19th century Eastern Europe, facing unrelenting prejudice and occasional pogroms in the countries where they were born, there were only two ways out: a revolutionary "socialism" that promised to drown all the national hatreds in a shared post-nationalist paradise, or a nationalism that created a sovereign state to protect all Jews.

The younger generation of Jewish activists split: the idealists became Communists, and the realists became Zionists — Jewish nationalists, in other words. Both groups achieved their goals: a significant proportion of the Bolshevik leaders in Russia in 1917 were Jews, and Zionists created the state of Israel in 1948.

But despite their nationalism, most of the Zionists were also tempted by socialism, and for the first 30 years after independence all Israeli governments were left-wing coalitions led by the Labour Party.

For another two decades, until 1996, Israeli coalitions alternated between left and right. But for all but three years of the past quarter-century (since 1996, when Netanyahu first became prime minister), Israel's governments have all been led by the right. Nor is that situation likely to change in the foreseeable future.

You can trace the drift to the right back to the Six-Day War of 1967, when Israel conquered enough land from Syria, Jordan and Egypt to quadruple its size. It gave the Sinai Peninsula back to Egypt in exchange for a peace treaty in 1977, but Israelis could not bring themselves to return the rest. They kept it, which meant keeping all the Palestinians who lived there.

That was the fatal step. Just before the Six-Day War, thanks to massive Jewish immigration from the diaspora, Jewish Israelis outnumbered the Arabs who had not been driven out in the 1948 war by around seven-to-one. That's a comfortable majority, big enough that Israel could afford to let its Arabs have citizenship, the vote, all the usual democratic rights. And it did.

But after 1967 Israel ruled a far larger territory on which almost exactly half the population was Arab. More than half a century later it still does, and it doesn't want to give that land up.

But it cannot afford to give all those Arabs citizenship and all the rights that go with it, so the only solution is permanent subjugation of all its post-1967 Arab subjects. Only hard right-wing governments can do that and still be at peace with themselves, so that is what Israel has ended up with.

As former prime minister Ehud Barak said in 2017: "If we keep controlling the whole area from the Mediterranean to the river Jordan where some 13 million people are living, if only one entity reigned over this whole area, named Israel, it would become inevitably . . . either non-Jewish or non-democratic."

Netanyahu's solution to this dilemma is never stated explicitly, but a majority of Jewish Israeli voters understand and accept it.

It is that the Arabs in the occupied territories will have to live under permanent military occupation, in order that Jewish Israelis may continue to live in a "Jewish state" that extends from the Mediterranean to the Jordan River.

In four consecutive elections in the past two years, Netanyahu has failed to get an outcome that delivers him a possible winning coalition. He's playing for a deadlock and a fifth election now, but he may end up out of office and in jail instead.

Any politician who replaces "Bibi", with or without another election, would pursue the same basic policy. The centre of gravity of Israeli politics is now far to the right, and still moving rightwards.

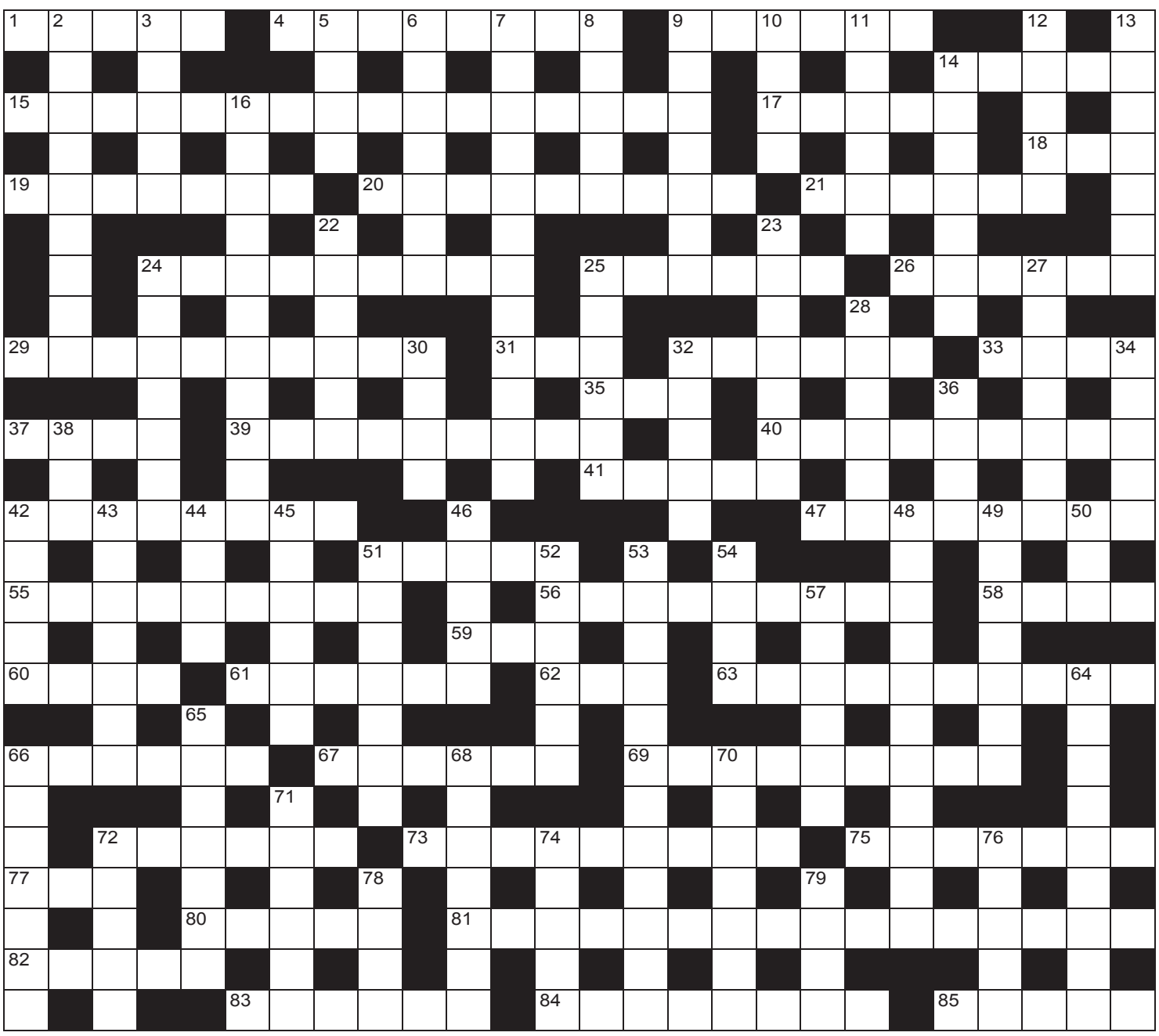
JUMBO CROSSWORD 1487

ACROSS

1 Convulsion (5)
4 Recent arrival (8)
9 Relic repository (6)
14 Lift (5)
15 Find an explanation for; discover the truth about (3,2,3,6,2)
17 Surplus (5)
18 Go wrong (3)
19 Throw into turmoil or disorder (7)
20 Forever (9)
21 Swallowed (6)
24 Find (9)
25 Set in from the margin (6)
26 Clandestine (6)
29 Laid waste to (10)
31 Chop off (3)
32 Bypass (6)
33 Metal (4)
35 Cereal head (3)
37 German Mrs (4)
39 Stepped up (9)
40 Folklore (9)
41 Delete (5)
42 Dilated (8)
47 Weapon (8)
51 Tie up (5)
55 Daily read (9)
56 Pen-name (9)
58 Sleeveless cloak (4)
59 Self-image (3)
60 Article (4)
61 Levelling machine (6)
62 Frozen water (3)
63 Faster than sound (10)
66 Bread-flavouring seed (6)
67 Chess piece (6)
69 Cannot be dissolved (9)
72 Browbeat (6)
73 Mountains in Nepal (9)
75 Warned (7)
77 Realise (3)
80 US state (5)
81 Dead and buried (7,2,7)
82 Painter's stand (5)
83 Get away (6)
84 Small puncture (8)
85 Tangles (5)

DOWN

2 Vertical rock face (9)
3 Goatlike deity (5)
5 Balanced (4)
6 Gleeful laugh (7)
7 Bike rider (12)
8 Cuban dance (5)
9 Muted (7)
10 Storage building (4)
11 False (6)
12 Popular (5)
13 Lure (7)
14 Spear (7)
16 Get tiny pets (anag) (11)
22 Lyrical (6)
23 Whenever (7)
24 Bram Stoker's vampire (7)
25 Hinder (6)
27 Serial part (7)
28 Gambler (6)
30 Sketched (4)
32 Nightmare (5)
34 Burial cellar (5)
36 Duty register (4)
38 Trickle (3)
42 World-weariness (5)
43 Anarchic (7)
44 Spellbound (4)
45 Specialist (6)
46 Monarch (5)
48 Souvenir collection (11)
49 Germ (7)
50 Snooze (3)
51 Exchanging (7)
52 Pilots (anag) (6)
53 Animal doctor (12)
54 Totals (4)
57 Teat (6)
64 Put into effect (9)
65 Put at risk (7)
66 Cut drastically (7)
68 Brief view (7)
70 Strut (7)
71 Leftovers (6)
72 End (5)
74 Greek storyteller, collector of fables (5)
76 Gum (5)
78 Roman garment (4)
79 Long narrative poem (4)



ON TV THIS WEEKEND

SON OF BIG FOOT
Sunday, 6.50pm, TVNZ 2

A 13-year-old outsider sets out on an epic and daring quest to uncover the mystery behind his long-lost dad, making a gigantic discovery along the way.

ON THE RED CARPET AT THE OSCARS
Saturday, 11.25pm, TVNZ 2
Delayed coverage of the best in the film industry arriving at the Oscars 2021 red carpet. Don't miss out on the glitz and glamour! Above, Halle Berry arrives at the Oscars on Sunday, April 25, at Union Station in Los Angeles. AP picture

JUNGLE BOOK
Saturday, 6.40pm, TVNZ 2
Live-action Disney family adventure, based on the books.
Featuring the voices of: Bill Murray, Idris Elba, Scarlett Johansson.

MY BIG FAT GREEK WEDDING
Saturday, 9.30pm, TVNZ 2
Toula, a Greek woman trying to come to terms with her heritage, falls in love with a non-Greek man, and has to convince her family to accept him.
Starring: Nia Vardalos, John Corbett.

28 DAYS LATER
Saturday, 8.30pm, TVNZ DUKE
Six months after a virus turned half of Britain into zombies, the US Army must help secure London after a carrier of the virus enters the city.
Starring: Jeremy Renner, Rose Byrne.

SATURDAY-SUNDAY TELEVISION

TVNZ 1
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5pm Beat The Chasers
6pm 1 News At 6pm
7pm Nigella's Cook, Eat, Repeat
Nigella uses anchovies to enhance dishes.
7.35 Meet The Bears
A documentary that shows how bears have overcome the challenges of life – from finding food and raising cubs to confronting rivals and habitat loss.
8pm LIVE Lotto
8.05 Meet The Bears
Continued.
8.50 Call The Midwife PG
Sister Frances finds herself in a tricky situation when a pregnant woman confides in her; Sister Julienne's new venture hits a stumbling block.
10.05 Doctor Doctor PG
It is Knight versus Knight as Meryl and Ajax compete for a seat on council; Penny and Jarrod are planning to elope.
11.10 Dinner Date
SUNDAY
12.10 The Damned 16L
12.45 Britain's Got Talent: The Champions
2.20 Coronation Street Omnibus PG
Daniel calls an ambulance when Peter is taken ill; Adam accuses Sarah of shopping Gary to the authorities; Todd shows off his new man.
3.05 Kirstie And Phil's Love It Or List It
4.05 Infomercials
5.30 Religious Programming
6am Rural Delivery
6.25 Building Giants
A team of engineers build a 17km underground tunnel.
7.15 Tagata Pasifika
7.40 Praise Be
8.10 The Living Room
9am Q+A With Jack Tame
10am Marae
10.30 Waka Huia
11am Seven Worlds, One Planet
Noon NEW Attitude
12.30 Fair Go
1pm Sunday
2pm Secret Scotland
3pm Paddington Station 24/7 Back On The Tracks PG
4pm South Seas Spearo PG
5pm The Chase

BRAVO

5.30 Undercover Boss PG
6.30 Million Dollar Listing NY PG
7.30 Botched PG
8.30 The Real Housewives Of Dallas M
9.30 The Real Housewives Of Salt Lake City M
10.30 Killer Siblings 16
11.25 Snapped M
SUNDAY
12.15 Infomercials
5am Love It Or List It
6am Love It Or List It
6.50 Love It Or List It
7.40 Love It Or List It
8.30 Love It Or List It
9.20 Flip It Like Disick PG
10.05 Flip It Like Disick PG
10.55 Botched PG
11.40 Body Fixers PG
12.30 Celebrity Ghost Stories PG
2.20 Hoarders PG
3.15 Catfish
4.10 Catfish
5.05 Catfish

TVNZ 2
© TVNZ 2021

6.10 The Simpsons PG
Bart becomes a successful caddy, but Marge worries it is ruining his character.
6.40 MOVIE The Jungle Book PG 2016 Animated Adventure. After the tiger Shere Khan forces him to leave the jungle, Mowgli, a boy raised by wolves, goes on a journey of self discovery. Voices of Scarlett Johansson, Bill Murray, Idris Elba.
8.30 NEW RuPaul's Drag Race Down Under 16LC
New Zealand and Australian Drag Queens compete to become Down Under's first Drag Race superstar.
9.30 MOVIE My Big Fat Greek Wedding PG 2002 Comedy. A Greek woman must get her family to accept her non-Greek fiancé, while coming to terms with her own heritage. Nia Vardalos, John Corbett.
11.25 On The Red Carpet At The Oscars
SUNDAY
1am 93rd Annual Academy Awards
4am On The Red Carpet After The Oscars (DLY)
5.05 Fresh
5.30 Religious Programming
6am Paw Patrol
6.25 Takaro Tribe
6.35 Muppet Babies
7am Masha And The Bear
7.05 SpongeBob SquarePants
7.30 Bunnicula
7.50 The Drawing Show
8am What Now?
10am Shortland Street Omnibus PGV
12.05 The Voice UK
1.35 Ap Bio PG
2.05 Home And Away Omnibus
4.35 Bob Hearts Abishola PG
5pm Ellen's Game Of Games

CHOICE

5.30 Posh Pawn
6.30 Salvage Hunters
7.30 Jade Fever PGC
8.30 Lost And Found PGC
She never knew her father, but he was a well-known entertainer. Will Caroline be prepared for what she finds?
9.30 The Ganges With Sue Perkins
Sue is half way down the mighty Ganges in the ancient city of Varanasi.
10.30 Buddy v Duff
11.30 How Do Animals Do That?
SUNDAY
12.30 Posh Pawn
1.30 Best Cake Wins
2am Lost In Transmission
3am Jade Fever PGC
4am Lost And Found PGC
5am Salvage Hunters
6am Best Cake Wins
6.30 Through The Bible With Les Feldick
7am Leading The Way
7.30 Key Of David
8am Discovering... Talking Heads
8.30 Sarah Off The Grid
9.30 Restoration Home
10.30 Salvage Hunters
11.30 Inside Royal Homes
12.30 How Do Animals Do That
1.30 Posh Pawn
2.30 Jade Fever PGC
3.30 Little Giants
4pm Nature's Strangest Mysteries Solved
4.30 BBQ Pitmasters PGL
5.30 Mysteries At The Monument PGC

THREE

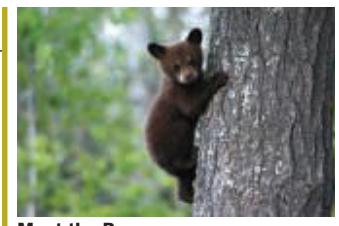
5pm Bondi Vet PG
6pm Newshub Live At 6pm
7pm MOVIE Johnny English Reborn PG 2011 Comedy. MI7's top spy returns from hiding to face a group of international assassins before they eliminate a world leader and cause global chaos. Rowan Atkinson, Roger Barclay, Eric Carte.
8.55 MOVIE After M 2019 Drama. A young woman falls for a guy with a dark secret and the two embark on a rocky relationship.
11pm MOVIE Sleepless 16 2017 Action.
SUNDAY
12.50 Infomercials
5am Brian Houston @ Hillsong
5.30 Charles Stanley
6am Life TV
6.30 Brian Houston @ Hillsong TV
7am Charles Stanley
8am Life TV
8.30 Turning Point
9am R&R With Eru And K'Lee
9.30 The Hui
10am Newshub Nation
11am FINAL Wild Canada
Noon Shark Wranglers
1pm Motorsport: Racing Utes (HLS) Round Four: Hampton Downs.
1.30 Motorsport: Australian V8 Superboats Championship (HLS) Round Five.
2.30 Motorsport: The Grid
3pm Motorsport: Porsche Carrera Cup (HLS)
4pm Motorsport: Monster Jam (HLS)
5pm The Fishing Show Classics PG

PRIME

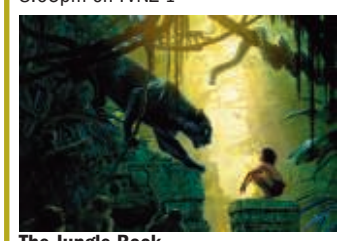
5.30 Prime News
6pm Celebrity Trawlermen PGL
Celebrities join a fishing trawler, taking on the toughest job in Britain, hoping to prove their worth.
7pm NEW Rescue: River Deep Mountain High PG
Rescuers are called to Carrauntoohil, the highest mountain in Ireland, to assist an American couple who have become lost and are experiencing some extremely hostile weather.
7.30 LIVE Basketball: NBL
Breakers v Wildcats. From Silverdome in Launceston, Tasmania.
9.30 Crazy On A Plane MVLC
10.30 The Clinton Affair MSC
11.25 NXT PGV
SUNDAY
12.25 Infomercials
2.25 Closedown
6am Religious Programming
6.30 Believe It Or Not
7.30 Religious Programming
10am Golf: LPGA Event (HLS) Hugel-Air Premia LA Open.
11am NXT PGV
Noon Super Rugby Aotearoa (RPL) Blues v Chiefs.
2pm The Diagnosis Detectives PGC
3pm Flights From Hell PGC
4pm Football: A-League (HLS) Roar v Phoenix.
4.30 Rugby Nation
5pm Honey Wars PG
5.30 Prime News

MAORI TV

5pm The Hui
5.30 Nga Tangata Taumata Rau: Te Waiponamu
6.30 Nga Pari Karangaranga O Te Motu
7pm MOVIE The Jungle Bunch 2017 Adventure. The Jungle Bunch fight must protect the jungle from a gang of baboons led by Igor the evil koala.
8.40 MOVIE One Thousand Ropes MV 2016 Drama. When a father reconnects with his estranged teenaged daughter, he is given a rare chance to reshape the future of his family in unexpected ways. Frankie Adams, Beulah Koale, Uelese Petaia.
10.40 Funny Whare: Gamesnight PG
11.10 Anika Moa Unleashed M
11.40 Closedown
SUNDAY
6.30 Waiata Mai
6.40 Kia Mau
6.50 Huritua
7am Taki Atu Taki Mai
7.10 Tamariki Haka
7.20 Pukoro
7.50 Polyfest 2018
8.20 Te Nutube
8.30 Whanau Living
9am Oranga Ngakau
10am Huro Pepi
10.30 Te Ao Tapatahi
11.30 Te Ao With Moana
Noon Home, Land And Sea
12.30 Funny Whare: Gamesnight PG
1pm Waka Ama Championships
1.50 MOVIE The Jungle Bunch 2017 Adventure.
3.30 Pio Terei Tonight
4.30 Tagata Pasifika
5pm Te Ao Toa



Meet the Bears
8.05pm on TVNZ 1



The Jungle Book
6.40pm on TVNZ 2

Johnny English Reborn
7pm on Three

RNZ NATIONAL

5pm The World At Five
5.10 Focus On Politics
5.30 Tagata O Te Moana
6.06 Womad Taranaki 2020
Highlights from world music festival in New Plymouth.
7.06 Saturday Night
With Phil O'Brien.
SUNDAY
12.04 All Night Programme
6.08 Storytime
7.10 Sunday Morning
With Jim Mora.
9.06 Mediawatch
12.12 Standing Room Only
1.10 At The Movies
2.05 The Laugh Track On Standing Room Only
3.05 Classic Drama
4.06 Smart Talk
5pm The World At Five
5.10 Heart And Soul
5.35 Te Manu Korihi

PAY TV

SKY SPORT 1

6.30 LIVE Super Rugby Aotearoa Blues v Chiefs.
9.30 LIVE Super Rugby Australia Qualifying Final: Brumbies v Western Force.
SUNDAY
12.30 Women's Super Rugby (RPL) Blues v Chiefs.
1am Heineken Cup (HLS)
1.25 Heineken Cup (HLS)
1.55 LIVE Heineken Cup Toulouse v Bordeaux-Begles.
4am Super Rugby Australia (RPL) Qualifying Final: Brumbies v Western Force.
4.30 Super Rugby Aotearoa (HLS)
4.55 LIVE Guinness Pro 14 Rainbow Cup: Bulls v Lions.
7am LIVE European Challenge Cup Semi-final Two: Bath v Montpellier.
9am Super Rugby Aotearoa (RPL) Blues v Chiefs.
11am Super Rugby Australia (RPL)
1pm LIVE Major League Rugby Los Angeles Giltinis v Old Glory DC.
3pm Heineken Cup (HLS)
3.30 Super Rugby Australia (HLS)
4pm Super Rugby Aotearoa (HLS)
4.30 European Challenge Cup (RPL)

SKY 5

5.05 Ice Road Truckers PG
5.55 Outback Truckers PG
7pm The Simpsons PG
When a romantic night ends in injury, Marge recovers by taking up kite boarding while Homer bonds with his hallucinated hernia.
7.30 Pawn Stars PG
8.30 Storage Wars PG
9pm Ax Men ML
10pm Ocean Predators PG
10.55 Rescue: River Deep Mountain High PG
11.20 A1: Highway Patrol MVLC
SUNDAY
12.20 Outback Truckers PG
1.20 The Simpsons PG
1.45 Pawn Stars PG
2.30 Storage Wars PGL
2.55 Rescue: River Deep Mountain High PG
3.20 NXT PGV
4.05 Ax Men ML
5.05 Ocean Predators PG
6am A1: Highway Patrol MVLC
7am Prison First And Last 24 Hours MVLC
7.55 NXT PGV
8.50 Mountain Men PG
9.35 Rescue: River Deep Mountain High PG
10am Pawn Stars PG
11am Storage Wars PGL
11.30 Ax Men ML
12.30 Prison First And Last 24 Hours MVLC
1.30 RBT MC
2pm Raw MVC
4.45 NXT PGV
5.45 SmackDown MVC

MOVIES PREMIERE

6.40 Blumhouse's Fantasy Island 16VC 2020 Horror. Michael Pena, Lucy Hale.
8.30 Gemini Man MVL 2019 Action. An elite assassin is targeted and pursued by a young operative who can seemingly predict his every move. Will Smith, Mary Elizabeth Winstead.
10.30 It Chapter Two 16VLC 2019 Horror. James McAvoy, Jay Ryan.
SUNDAY
1.15 Red Joan MS 2018 Drama. Judi Dench.
2.55 The Art Of Racing In The Rain M 2019 Comedy. Milo Ventimiglia, Amanda Seyfried.
4.41 Savage 16VLSC 2019 Crime Drama. Jake Ryan, John Tui.
6.18 Where'd You Go, Bernadette ML 2019 Comedy. Cate Blanchett, Billy Crudup.
8.04 Blumhouse's Fantasy Island 16VC 2020 Horror. Michael Pena, Lucy Hale.
9.50 Gemini Man MVL 2019 Action. Will Smith, Mary Elizabeth Winstead.
11.43 Red Joan MS 2018 Drama.
1.21 The Beach Bum 16VLSC 2019 Comedy.
2.55 The Goldfinch MVL 2019 Drama.
5.20 Stockholm MVLC 2019 Crime Comedy.

DISCOVERY

5.40 Alaskan Bush People PG
Water to Ice.
6.35 Gold Rush PG Frenemies.
7.30 House Hunters Down Under PG Acting Quickly in Melbourne.
8pm House Hunters Down Under PG
8.30 Pool Kings PG
9pm Man Caves PG
9.30 Alaskan Bush People PG
10.30 Once Upon A Bite PG
11.25 Mysteries At The Museum PG
SUNDAY
12.15 How It's Made PG
12.40 How Do They Do It? PG
1.05 Naked And Afraid XL MC
1.55 Aussie Gold Hunters PG
2.45 What On Earth? PG
3.35 What On Earth? PG
4.25 What On Earth? PG
5.15 What On Earth? PG
6.05 How Do They Do It? PG
6.30 How Do They Do It? PG
6.55 Expedition X PG
7.45 Alaska: The Last Frontier PG
9.25 Alaskan Bush People PG
10.20 Undercover Billionaire PG
12.10 Gold Rush PG
1.05 Aussie Gold Hunters PG
2pm Aussie Mega Mechanics PG
2.55 Aussie Mega Mechanics PG
3.50 Aussie Mega Mechanics PG
4.45 Aussie Mega Mechanics PG
5.40 Aussie Mega Mechanics PG

KEY Closed captions; Repeat; (HLS) Highlights; (RPL) Replay; (DLY) Delayed; 16 Approved for persons 16 years or over; 18 Approved for persons 18 years or over; C Content may offend; L Language may offend; M Suitable for mature audiences; PG Parental guidance recommended for younger viewers; S Sexual content may offend; V Contains violence.

Compiled by MetService TE RATONGA TIRORANGI

SUNDAY-MONDAY TELEVISION

TVNZ 1 © TVNZ 2021

5pm The Chase
A quiz show where contestants must stay one step ahead of The Chaser.
6pm 1 News At 6pm
7pm Country Calendar
A family has farmed for more than a century among spectacular limestone outcrops, cliffs and caves near Waitomo and they are determined to preserve the natural landscape.
7.30 Sunday
8.30 Beat The Chasers
9.30 Line Of Duty M
AC-12 link Gail Vella's murder with a historic case of police corruption; Kate hatches a plan to tell once and for all if Jo is bent.
10.45 NEW Anika Moa Reunited 16L
Anika chats with 80s pop heartthrob Rikki Morris and visits Sierra Leone with Coconut Rough frontman Andrew McLennan.
11.15 Kids: An Instruction Manual
Nigel Latta presents a science-based guide to solving problems in families.
11.45 Black Sails 18VL
Flint comes clean with Gates; Randall's actions cause problems for Silver; Eleanor suffers a loss; Max helps Rackham.

MONDAY

12.55 Infomercials
6am Breakfast
9am The Ellen DeGeneres Show PG
10am Tipping Point
11am The Chase
Noon 1 News At Midday
12.30 Emmerdale PG
Paul is panicked; Liv is suspicious; Will does his best to distract Kim.
1.30 Country Calendar
A family who have farmed for more than a century near Waitomo are determined to preserve the natural landscape around them.
2pm The Ellen DeGeneres Show PG
3pm Tipping Point
4pm Te Karere
4.30 Country House Hunters PG
5pm The Chase

BRAVO

5.05 Catfish
6pm Love It Or List It
7pm MOVIE Everest PG 2015 Drama. Several climbing expeditions face an unexpected fierce blizzard as they attempt to climb to the summit of Mt Everest. Based on real events.
9.30 MOVIE The Terminator M 1984 Action.
11.40 Shahs Of Sunset M

MONDAY

12.35 Infomercials
6am Infomercials
10am Dating #NoFilter PG
10.30 Celebrity Ghost Stories PG
11.30 Snapped M
12.30 Killer Couples M
1.30 The Real Housewives Of Orange County M
2.30 Million Dollar Listing LA PG
3.30 Hoarders PG
4.30 Catfish
5.25 Face Off PG

TVNZ 2 © TVNZ 2021

5pm Ellen's Game Of Games
Game show hosted by Ellen DeGeneres.
6pm The Simpsons PG
Cletus becomes a singing sensation; Homer becomes a new man.
6.50 MOVIE Son Of Big Foot PG 2017 Animated Adventure. Voices of David Epstein, Pappy Faulkner.
8.30 Comedy Gala 16LC
Part 1 of 2. Justine Smith hosts the 2021 Comedy Gala, featuring Chris Parker, Angella Dravid and Urzila Carlson.
10pm MOVIE Intruders 16VL 2015 Horror. Beth Riesgraf, Rory Culkin, Martin Starr.
11.45 FINAL One Born Every Minute Australia PGC

MONDAY

12.35 How To Look Good Naked PG
1.25 2 Overnight
4am Infomercials
4.30 Religious Programming
5am Infomercials
6am Les Mills Born To Move
6.30 Masha And The Bear
6.35 In The Night Garden
7.05 The Dog And Pony Show
7.25 Powerpuff Girls
7.50 Talking Tom And Friends
8.15 Kiddets
8.25 Kiri And Lou
8.35 The Lion Guard
9am Powerpuff Girls
9.10 Infomercials
10.05 Les Mills Bodybalance
10.35 Neighbours
11.05 Station 19 M
12.05 FINAL The 100k Drop
1.05 Judge Rinder PG
2.05 Mom PGC
2.35 Home And Away PG
3.05 Shortland Street PG
3.35 Almost Never
4.05 Brain Busters
4.35 Friends
5.05 The Simpsons PG
5.35 The Big Bang Theory PG

CHOICE

5.30 Mysteries At The Monument PGC
6.30 Salvage Hunters
7.30 Ben Fogle: Return To The Wild PGC
8.30 People Magazine Investigates: Cults M
9.30 The Truth About Murder With Sunny Hostin MCV
10.30 Salvage Hunters
11.30 Ben Fogle: Return To The Wild PGC

MONDAY

12.30 Mysteries At The Monument PGC
1.30 Best Cake Wins
2am Posh Pawn
3am People Magazine Investigates: Cults M
4am The Truth About Murder With Sunny Hostin MCV
5am Inside Royal Homes
6am Culinary Genius
7am Sarah Off The Grid
8am Little Giants
8.30 Nature's Strangest Mysteries Solved
9am The Curse Of Oak Island PGC
10am Flour Power
10.30 Ben Fogle: Return To The Wild PGC
11.30 Salvage Hunters
12.30 Little Giants
1pm Nature's Strangest Mysteries Solved
1.30 Mysteries At The Monument PGC
2.30 BBQ Pitmasters PGL
3.30 Dodo Heroes
4.30 Hugh's Three Good Things
5.30 Mysteries At The Museum PGC

THREE

5pm The Fishing Show Classics PG
Fishing action from around New Zealand and the world.
6pm Newshub Live At 6pm
7pm Married At First Sight Australia M
All the couples return to catch up on life since the experiment ended and to sort out unfinished business.
8.40 MOVIE Escape Room MVL 2019 Thriller. Six strangers find themselves in circumstances beyond their control and must use their wits to find the clues before they die. Taylor Russell, Logan Miller.
10.45 Murder, Lies And Alibis 18 (Starting Today)
11.40 Hawaii Five-0 M

MONDAY

12.30 Infomercials
6am The AM Show
9am Infomercials
10.30 Cupcake Wars
11.30 Newshub Live At 11:30am
Noon Fixer Upper
1pm MOVIE Ex-Wife Killer M 2018 Thriller. When Josie's former husband Michael walks back into her life to expand their flower business, his estranged wife Laura seems determined to make Josie's life a living hell. Arianne Zucker, Marguerite Moreau.
2.55 Celebrity Family Feud PG
3.55 Find Me A Dream Home Australia
4.30 Newshub Live At 4:30pm
5pm Millionaire Hot Seat

PRIME

5pm Honey Wars PG
5.30 Prime News
6pm Netball: ANZ Premiership (DLY)
Steel v Pulse.
7.30 Outback Truckers PGL
8.30 Murder On Middle Beach 16VLC Following the brutal, unsolved murder of his mother, filmmaker Madison Hamburg looks into his parents' divorce and the unsettling details of his mother's life that were kept secret.
9.40 MacGyver M
The team are tasked with recovering the body of a pilot whose plane crashed while testing MacGyver's experimental laser mapping system.
10.40 SmackDown MVC
11.40 Rugby League: NRL (DLY)
Warriors v Cowboys.

MONDAY

1.35 Infomercials
3.35 Closedown
6am Jeopardy
6.25 The Powerpuff Girls
6.50 The Loud House
7.15 Teen Titans
7.40 Teenage Mutant Ninja Turtles
8.05 Hunter Street
8.30 Batman: The Animated Series
9am A Place In The Sun
10am The Great Escapers
11am Hot Bench PG
11.30 Cruising With Jane McDonald PG
12.30 Silent Witness MVC
1.30 Married... With Children PG
2pm The Late Show With Stephen Colbert PG
3pm Wheel Of Fortune
3.30 Jeopardy
4pm American Pickers PGC
5pm Tagata Pasifika
5.30 Prime News

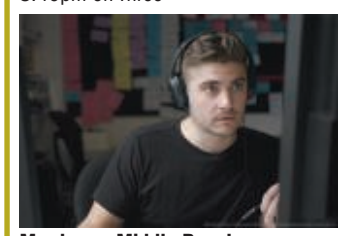
MAORI TV

5pm Te Ao Toa
6pm Waka Huia 2020
6.30 Te Ao Marama
7.30 Ghosts Of Our Forest PGC
8.40 MOVIE Cold War M 2018 Drama. A music director falls in love with a singer and tries to persuade her to flee communist Poland for France. Joanna Kulig.
10.20 My Party Song
10.50 Nga Pari Karangaranga O Te Motu
11.20 Closedown

MONDAY

6.30 Pipi Ma
6.35 Takoha
6.45 He Paki Taonga I A Maui
6.50 Waiata Mai
7am Te Ao Tapatahi
8am Toku Whare Kohanga Reo
8.30 Pukana
9am Oranga Ngakau
10am Sidewalk Karaoke
10.30 Whanau Living
11am He Aha To Say?
11.30 What's Up With The Tumoanas?
Noon Ghosts Of Our Forest PGC
1.30 Nga Pari Karangaranga O Te Motu
2pm Toku Reo
3pm Korero Mai
3.30 Polyfest 2018
4pm Pukana
4.30 Miharo
5pm Pipi Ma
5.05 Takoha
5.15 He Paki Taonga I A Maui
5.20 Waiata Mai
5.30 Tamariki Haka
5.40 Potae Pai
5.50 Taki Atu Taki Mai

Escape Room
8.40pm on Three



Murder on Middle Beach
8.30pm on Prime

People Magazine Investigates: Cults
8.30pm on Choice

RNZ NATIONAL

5pm The World At Five
5.10 Heart And Soul
5.35 Te Manu Korihi
6.06 Te Ahi Kaa
6.40 Voices
7.04 The Ted Radio Hour
8.06 Sunday Night
10pm The 10 O'Clock Report
10.10 Mediawatch
10.45 The House
11.04 The Retro Cocktail Hour With Darrell Brogdon.

MONDAY

12.04 All Night Programme
5am First Up With Nathan Rarere.
6am Morning Report With Susie Ferguson and Corin Dann.
9.06 Nine To Noon With Kathryn Ryan.
Noon Midday Report
1.06 Afternoons
3.45 The Panel
5pm Checkpoint

PAY TV

SKY SPORT 1

6.30 Super Rugby Aotearoa (RPL) Blues v Chiefs.
8.30 Rugby Nation
9pm Heineken Cup (RPL) Toulouse v Bordeaux-Begles.
11pm Super Rugby Aotearoa (RPL) Hurricanes v Highlanders.

MONDAY

1am Heineken Cup (HLS)
1.25 Heineken Cup (HLS)
1.55 LIVE Heineken Cup Semi-final Two: La Rochelle v Leinster.
4am Euro Challenge Cup (HLS)
4.30 Heineken Cup (HLS)
5am Super Rugby Australia (HLS)
5.30 Rugby Nation
6am Super Rugby Aotearoa (RPL) Blues v Chiefs.
8am Heineken Cup (RPL) Semi-final Two: La Rochelle v Leinster.
10am Super Rugby Australia (RPL) Qualifying Final: Brumbies v Western Force.
Noon Super Rugby Aotearoa (HLS)
12.30 Super Rugby Aotearoa (HLS)
1pm Heineken Cup (RPL) Semi-final One: Toulouse v Bordeaux-Begles.
3pm Heineken Cup (RPL)
5pm Women's Super Rugby (HLS)
5.30 Super Rugby Aotearoa (HLS)

SKY 5

5.45 SmackDown MVC
7.30 Prison First And Last 24 Hours MVLC
First timer Richard spends his last day in prison; Louise and Brian hope not to return.
8.30 Border Security: Australia's Frontline PGC
9.30 NCIS: New Orleans MV
10.30 MacGyver M
11.25 Mountain Men PG

MONDAY

12.15 SmackDown MVC
1.55 Prison First And Last 24 Hours MVLC
2.40 Mountain Men PG
3.30 MacGyver M
4.20 Border Security: Australia's Frontline PGC
5.10 NCIS: New Orleans MV
6am Jeopardy!
6.25 Wheel Of Fortune PG
6.45 Pawn Stars PG
7.10 Storage Wars PG
7.35 Ax Men ML
8.25 Border Security: America's Frontline PG
8.50 Highway Thru Hell PG
9.40 Hawaii Five-0 MV
10.30 CSI MV
11.30 Pawn Stars PG
Noon Jeopardy!
12.25 Wheel Of Fortune PG
12.50 MacGyver M
1.40 NCIS: New Orleans MV
2.30 Hawaii Five-0 MV
3.20 Ax Men ML
4.10 Jeopardy!
4.35 Wheel Of Fortune PG
5pm Storage Wars PG
5.30 Pawn Stars PG

MOVIES PREMIERE

5.20 Stockholm MVLC 2019 Crime Comedy. Ethan Hawke, Noomi Rapace.
6.50 Black Water: Abyss 16VL 2020 Horror. Jessica McNamee, Luke Mitchell.
8.30 Hard Kill 16V 2020 Action. Tech billionaire Donovan Chalmers hires a team of mercenaries to stop a madman from using his computer program to wreak havoc around the globe. Jesse Metcalfe, Bruce Willis.
10.10 Ad Astra MVLC 2019 Adventure. Brad Pitt, Tommy Lee Jones.

MONDAY

12.11 Locusts 16VLSC 2019 Thriller. Ben Geurens, Jessica McNamee.
1.34 The Beach Bum 16VLSC 2019 Comedy. Matthew McConaughey, Isla Fisher.
3.06 The Goldfinch MVL 2019 Drama. Ansel Elgort, Nicole Kidman.
5.30 Stockholm MVLC 2019 Crime Comedy. Ethan Hawke, Noomi Rapace.
7am Hard Kill 16V 2020 Action.
8.36 Ad Astra MVLC 2019 Adventure.
10.35 The Goldfinch MVL 2019 Drama.
12.59 Locusts 16VLSC 2019 Thriller.
2.22 The Corrupted 16VLC 2019 Thriller.
4.05 I Still Believe PGC 2020 Drama.

DISCOVERY

5.40 Aussie Mega Mechanics PG
6.35 Aussie Mega Mechanics PG
7.30 Aussie Gold Hunters PG
8.30 Naked And Afraid XL MC
9.30 Naked And Afraid XL MC
10.30 Gold Rush PG
11.25 Expedition X PG

MONDAY

12.15 How It's Made PG
12.40 How Do They Do It? PG
1.05 Mysteries At The Museum PG
1.55 Aussie Salvage Squad PG
2.45 Naked And Afraid M
3.35 Naked And Afraid M
4.25 Naked And Afraid M
5.15 Naked And Afraid M
6.05 How Do They Do It? PG
6.30 How It's Made PG
6.55 House Hunters Renovation PG
7.45 House Hunters International PG
8.35 Undercover Billionaire PG
10.20 Aussie Gold Hunters PG
11.15 Naked And Afraid XL MC
12.10 House Hunters Renovation PG
1.05 House Hunters International PG
1.30 House Hunters International PG
2pm Aussie Salvage Squad PG
2.55 Bering Sea Gold PG
3.50 Deadliest Catch PG
4.45 Fast N' Loud PG
5.40 Aussie Salvage Squad PG

WHAT'S ON in Gisborne

To help promote events you are involved in, e-mail: **weekender@gisborneherald.co.nz** for a listing on the What's On page, or **info@gisbornenz.com** for a listing on the Tairawhiti Gisborne events diary.

PHOTO OF THE WEEK

ANZAC EVENING, KAITI BEACH BY JOHN WELLS

Submit your photos: www.gisborneherald.co.nz/photo-of-week, or e-mail: weekender@gisborneherald.co.nz

By submitting a photo, the entrant agrees to allow The Gisborne Herald Co Ltd permission to use the image now and in the future for printed material and online. Where possible The Herald will make contact first.

Saturday, May 1

- Moment Suspended exhibition (to May 30). All welcome to view paintings by three local women. JBC Cafe, 14 Lowe St.
- The Boss Tribute Show. Nine musicians bring the music of Bruce Springsteen and the E-Street Band alive. Gisborne War Memorial Theatre, 159 Bright St, doors open 6.30pm, show starts 7.30pm. Tickets+Bfee: $52.50-$58.50 at ticketek.co.nz or Gisborne i-Site, 209 Grey St, ph 868 6139.
- Fiesta Latina. Come along and dance to BrazilBeat spinning Latin beats. Dome Room, PBC, 38 Childers Rd, 9pm-late. Tickets, cash only: $10 from The Aviary, $15 door sales.

Sunday, May 2

- Gisborne Runners and Walkers Club. Join in for a 7km walk. Meet: EIT Staffroom, Derby St, 8am or txt Norma ph 027 900 9622.
- Gas Guzzlers' Breakfast. Check out the cars on the Quay. Behind the Courthouse on Reads Quay, 8-11am. Rain, hail or sun.
- Lions Express Train Rides. Take the kids for a train ride around the playground. Starts near Gisborne Wainui Lions Junior Cycle Park, Centennial Marine Dr, 11am-3pm, $2.
- Gisborne Petanque Children's Day Singles. For ages 5/over & adults; come along for a fun day. First prize: set of children's boules. Kahutia Bowling Club, 165 Cobden St, practice session 1pm, tournament 1.30pm, $2 cash only at the door. Details: Graeme ph 027 204 8053, gisborne.petanque@gmail.com
- Gisborne Country Music Club. Singers and musicians welcome. Blind Foundation Rooms, 39 Grey St, 1-4pm, $3 incl afternoon tea, ph Flo 867 7637 or flo.ross@xtra.co.nz
- Irish Music Session. Enjoy Irish music and a sing-song. The Rivers, cnr Gladstone Rd & Reads Quay, 4-6pm. Details: ph 021 055 7685.
- The NZ String Quartet, Four Suits and a Soprano. Come along to hear Dame Kiri Te Kanawa protege Ipu Laga'aia, tenor Chris McRae, musical theatre stars Sophie Morris and Rutene Spooner, and Laughton Kora. War Memorial Theatre, 159 Bright St, 8pm. Tickets+Bfee: $83.40-$122.50 at ticketek.co.nz or Gisborne i-Site, 209 Grey St, ph 868 6139.

Monday, May 3

- Badminton Centre, 134 Roebuck Rd. Social morning, 9-11.30am, $5, ph 867 2584.
- Gisborne Badminton Club for Yr 12-13 and seniors, 7-9pm, $10, ph 027 253 1062.
- Gisborne Floral Art Club. Come along and learn floral art techniques. Waverley Street Hall, Elgin, 9-11am.
- Kaiti Exercise Class. For over 60s; strength and balance exercises. Dunblane Conference Room, 107 Iranui Rd, 10.30am, ph Noel 027 314 3893, noelfd.38@gmail.com
- Bowlers' Club: 500. Come along and have some fun. Learners welcome. Poverty Bay Bowling Club, 111 Ormond Rd, 1-4pm, $2 incl smoko, ph Tony 863 3468.
- Gisborne Senior Citizens: 500. Play cards and meet others. Senior Citizens Hall, 30 Grey St, 1-4pm, $3, ph Arnold 868 5529.
- Gisborne Hibernian Club Indoor Bowls. New or existing players come along for a roll-up. Gisborne Intermediate School Hall, 156 Roebuck Rd, 7-9.30pm, $3 incl supper. Details: Wally ph 868 0951.
- Fun Dancing Gisborne. Modern, sequence and social ballroom. St Andrew's Church Hall, 176 Cobden St, learner class 7.30-8pm, advanced finishing 8-10pm, $5 door sales plus supper, ph 867 0074, Kev.nes@xtra.co.nz

Tuesday, May 4

- Gisborne Senior Citizens: Indoor Bowls. Come along, have a roll-up and meet others. Senior Citizens Hall, 30 Grey St, 9-11.30am, $3, ph Arnold 868 5529.
- Tairawhiti Menzshed. Work in a fully-equipped woodwork or carpentry workspace. Tairawhiti Menzshed, cnr Parkinson & Innes St, 9am-2pm. Details: ph/txt 022 465 0396.
- He Kakano: Little Seeds. A fun sing-along and read for under 2s. HB Williams Memorial Library, 34 Bright Street, 10.30am, free.
- Mahjong Club. Enjoy a friendly fellowship. Gisborne Town & Country Women's Club, 42 Emily St, 1pm, ph Liz 281 0187.
- Get Started in Te Reo Maori (to Jun 29). A series of conversational Te Reo Maori classes. Eastern Institute of Technology, 290 Palmerston Rd, 5pm-6.30pm, free. Register: Bridget ph 869 3187, 022 479 7236 or bfrench-hall@eit.ac.nz
- Birds NZ Talk. Come along to hear vice president Ian Armitage speak; field visit to Takahe Valley, Murchison Mountains, a Ross Sea voyage and Auckland & Campbell Islands albatross. Tairawhiti Environment Centre, 386 Palmerston Rd, 7pm, free.
- Poverty Bay Blues Club. A selection of live blues music. Dome Room, PBC, 38 Childers Rd, doors open 7pm, music 8pm, $5 door sales, R18.
- Patutahi Badminton Club. All welcome. Patutahi Hall, Biggs St, 7.30pm, ph 862 7783.
- Ulysses Motorcycle Club. For anyone who rides or is interested in motorcycles. Bushmere Arms Public Bar, 673 Matawai Rd, Waerenga-a-Hika, 7.30pm, ph Chris 027 460 2430.

Wednesday, May 5

- Fifties Forward. Low-impact aerobics class for all fitness levels. YMCA Stadium, 447 Childers Rd, 9.30am, $4, first class free.
- Gisborne Combined Club. For active retirees looking for friendship. Kahutia Bowling Club, 165 Cobden St, 9.30am, $5 incl morning tea. Register: Noelene ph 868 4473 or Dianne ph 867 4294.
- Mainly Music. A fun music group for pre-schoolers. St Andrew's Community Centre, 176 Cobden St, 9.45am, $4/Fam. Details: Trish ph 867 2789 or 868 5513.
- Hot Shots Badminton. For Yr 7-13 players/all abilities; fitness, social games and fun. Wear sports shoes. Rackets available. Badminton Centre, 134 Roebuck Rd, 6.30-8pm, $7. Details: Linda ph 027 264 8660 or eastland.association@gmail.com

Thursday, May 6

- Bridge and Rummikub Club. Enjoy a friendly fellowship. Gisborne Town & Country Women's Club, 42 Emily St, 9am, ph 281 0187.
- Casual Badminton Group. Come along for a game and to meet other players. Badminton Centre, 134 Roebuck Rd, 9am, $5. Details: Raewynne ph 027 256 4351 or eastland.association@gmail.com
- Tairawhiti Menzshed, 9am-2pm. See May 4.
- U3A Gisborne. For mature-aged folk; a guest speaker, social interaction and 40+ learning groups. Gisborne Cosmopolitan Club, 190 Derby St, 9.30am, $2 at the door. Details: Anne ph 868 5460.
- Te Pihinga: Little Sprouts. Fun sing-along and read for ages 2-5. HB Williams Memorial Library, 34 Bright St, 10.30am, free.
- Mahjong Club, 1pm. See May 4.
- Build-a-Band. Let's jam. Smash Palace Bar, 24 Banks St, 7-11pm, free entry, R18.
- Gisborne Caledonian Society Practice. Social, modern and sequence dancing. St Mark's Church Hall, 776 Childers Rd, 7.30-9.30pm, $5. Details: Pat ph 021 049 7148.

Friday, May 7

- Gisborne Senior Citizens: Indoor Bowls & Housie. Have fun and meet others. Senior Citizens Hall, 30 Grey St, Bowls 9-11.30am, $3 and Housie 1-4pm, ph Arnold 868 5529.
- Myalgic Encephalopathy/Chronic Fatigue Syndrome Group. If you suffer from ME or CFS come along and meet others. CCS, 7 Kahutia St, 10.30am-1pm, ph Moira 027 457 6923.
- Eastern Institute of Technology Graduation Parade. Watch the Gisborne Pipe Band lead a parade of EIT academic staff, graduands and their families. From Heipipi-Endeavour Park; up Reads Quay to the War Memorial Theatre, 11.15am-1pm.
- Te Aka Rangatahi: The Teen Vine. Anime club for ages 14-18; watch and discuss anime with aficionados. HB Williams Memorial Library, 34 Bright St, 3.30pm, free.
- T-Bonez. Come along for a one-man band playing favourite songs. Smash Palace Bar, 24 Banks St, 7pm, free entry, R18.

Saturday, May 8

- Earlybird Market. Pre-loved treasures, home baking, fruit, veges and plants. Behind the Gisborne i-Site, 209 Grey St, 6-8.30am. Stallholder inquiries: Wendy ph 862 5860.
- Gisborne parkrun. A 5km run or walk. Meet near Waikanae Surf Life Saving Club, 280E Grey St, 7.45-10am. Register: parkrun.co.nz/register
- Maunga to Moana Adventure. A multi-sport adventure race in true East Coast spirit; from sacred Mount Hikurangi through the ancestral home of Ngati Porou to the ocean. Mt Hikurangi, Ruatoria, 8am-6pm. Register+Bfee: $250/individual, $690 team/3x and $1000 team/5x at m2madventure.com
- St Andrew's Car Boot Sale. Bargains galore. Carpark behind St Andrew's Church (access off Childers Rd), 8am-midday, $5/car.
- Wahine on Water & Surf Life Saving NZ: Inflatable rescue boat networking day. Find a spot on the beach and watch as pairs of female lifeguards learn skills on how to operate inflatable rescue boats in a low-stress environment. Waikanae Surf Life Saving Club, 280E Grey St, 8.30am-2.30pm.
- Tairawhiti Coffin Club. Design and decorate a personalised coffin; constructed by a joiner. BCR Joinery, 522 Gladstone Rd, 9am-midday. Details: tairawhiticc@gmail.com
- Tairawhiti Menzshed, 9am-3pm. See May 4.
- Gisborne Farmers' Market. Locally-grown produce, flowers and seedlings. Cnr Stout & Fitzherbert Sts, 9.30am-12.30pm.
- Geologica: Margaret Hansen Exhibition (to July 25). An exploration and celebration of the very thing on which we live and depend; each form, pattern and texture is in acrylics. Tairawhiti Museum, 10 Stout St, Mon-Sat 10am-4pm, Sun 1.30-4pm, locals free, visitors $5, ph 867 3832.
- Intro to Composting Workshop. Learn the basics of composting. 11am-midday, $5 cash or pay online, incl a free GDC compost bin. Register: Ph 867 4708 or see Facebook.
- Tennis for players of all skill levels. Ormond Tennis Club, Hill Rd, Ormond, 2-4pm, ph 862 5741 or 862 5856.
- Vivo! Musica Y Baile. A celebration of Latino culture; featuring Clown's Kiss, Batucada, Banda Reunidos, Chino & DJ Jose. Smash Palace Bar, 24 Banks St, 8pm, $10 door sales.

Sunday, May 9

- Gisborne Runners and Walkers Club, 8am. See May 2.
- Gisborne Canoe and Tramping Club walk, Papatu Station, Manutuke, departs 9am, $5. Approx 8km circuit walk along a metalled road and farm tracks; up a rocky gorge to a ridge or to the trig. Register: Peter ph 868 3666, bennett.strathleven@gmail.com
- Mother's Day High Tea: Cancer Society Fundraiser. Bring the special women in your life along for a three-course high tea menu, mystery bag auctions, live entertainment and a fashion show. Matawhero Wines, 189 Riverpoint Rd, 11am-2pm. Tickets: $50 from Becky ph 022 471 8778 or becky.burgess@cancercd.org.nz
- Lions Express Train Rides, 11am-3pm. See May 2.
- Mother's Day Wa165 Steam Train Trip to Muriwai. Enjoy the scenery, bring a picnic or have a cuppa on board. Leaving from the Railway Station, Grey St at 1pm, $35A, $15 u/15s, $80Fam (2A & 2Ch). Any unsold tickets from the station half an hour before departure or Gisborne i-Site, 209 Grey St, ph 868 6139. See www.gcvr.org.nz
- Sunday Afternoon Concert Series. Sixteen-year-old piano virtuoso Ashani Waidyatillake performs works by Beethoven, Mozart, Chopin, and Franck. Tairawhiti Museum, 10 Stout St, 2-4pm. Tickets: door sales; $10A, child/student with ID free, $5 Friends of the Museum.
- The Chills: Scatterbrain Tour. Dunedin's finest with songs from their newest album, with Hamilton-based band Bitter Defeat. Dome Room, PBC, 38 Childers Rd, doors open 7pm, music 8pm, R18. Tickets+Bfee: $40 banishedmusic.com or The Aviary (cash only).